



AB | NT | NU

2023 Skate AB | NT | NU StarSkate & Adult Championships

Presented by the Alberta Figure Skating Foundation

Dates: March 17 – 19, 2023
Location: Terwillegar Community Recreation Center, Edmonton, AB
Hosted by: Skate AB | NT | NU & Fliteway FSC
Sanctioned by: Skate AB | NT | NU

COMPETITION CONTACT INFORMATION

Registration Questions:

Central Registration

skateabreg@gmail.com

EVENT QUESTIONS:

Skate AB | NT | NU Section Office

events@skateabnwtun.ca

780-415-0465 / Toll Free 1-866-294-0663

THIS ANNOUNCEMENT IS SUBJECT TO CHANGE

PURPOSE OF THE STARSKATE & ADULT CHAMPIONSHIPS

The Skate AB I N T I NU (“Section”) StarSkate & Adult Championships will be conducted in accordance with the regulations as set forth in the Skate Canada Rulebook. If not specifically stated otherwise in this document, the normal regulations governing skating will apply as indicated in the Skate Canada Rulebook.

COMPETITION CONTACT INFORMATION

For Inquiries about Uplifter and the Registration Process:

- Access to the Uplifter form
- Confirmation of registration and payment
- Questions/problems with your registration/music upload
- Questions/problems with your planned program submission

Email/Phone: skateabreg@gmail.com / 780-415-0465 / 1-866-294-0663

For inquiries relating to the competition information including:

- Technical information
- Competition schedule
- Facility questions

Email: events@skateabnwtun.ca

Changes to Registrations: corrections or changes made to a registration are to be submitted by using the online form available on the event website.

Withdraw Process: withdraws prior to the registration deadline and after the registration deadline must be submitted through the online form on the event website.

ARENA DETAILS

Terwillegar Community Recreation Center
2051 Leger Rd, Edmonton, AB T6R 0R9
Arena A and Arena B: 85' x 200'

HOST HOTEL

Host Hotel information will be posted on the Skate AB I N T I NU website event page. A room block for skaters and coaches is not being secured, however a discounted rate will be provided, and skaters and coaches can book based on hotel availability.

EVENT INFORMATION

1. The Event is being held under the current rules of the Association Official Rulebook. The nature of the Event is defined in the Skate Canada Rule Book > Competitions. The Association reserves the right to alter the overall procedures to be followed during any part of the Event, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.
2. **CATEGORIES:** The following categories are offered:

Star Freeskate Categories:

Star 4: U10, U13, 13 & Over
Star 5: U10, U13, 13 & Over
Star 6
Star 8
Star 10
Gold Freeskate
Pre-Juvenile U13 Women

Star Short Program Categories:

Star 7
Star 9

Star Artistic Categories:

Star 5
Star 7
Star 9
Gold

Adult Freeskate Categories:

Adult Intro Open Freeskate
Adult Bronze Freeskate
Adult Silver Freeskate
Adult Gold Freeskate
Adult Masters Freeskate
Adult Masters Elite Freeskate

Adult Artistic Categories:

Adult Intro Artistic
Adult Bronze Artistic
Adult Silver Artistic
Adult Gold Artistic
Adult Elite Artistic

Special Olympics Categories:

Freeskate Singles Levels 1-6, Open, Masters 1/2,
Masters 3/4

Pairs Category:

Introductory Pairs

All categories follow the Skate Canada Program Requirements as posted on the Skate Canada Info Center.

[2022-2023 Star Technical Program Requirements](#)

[2022-2023 Adult Technical Program Requirements](#)

Skate AB I NT I NU Technical Package and Cross Over Chart:

[2022-2023 Section Technical Package](#)

[2022-2023 Section Crossover Eligibility Chart](#)

3. **ENTRY FEES:**

Categories	Entry Fee	Multiple Category Discount
Pre-Juvenile U13 Women Freeskate	\$130.00	\$30 discount for each additional category a competitor registers in
Star 4 - Star 10 & Gold Freeskate	\$130.00	
Star 5 - Gold Artistic	\$130.00	
Introductory Pairs	\$130.00 per team	
Special Olympics	\$130.00	
Adult Freeskate	\$130.00	
Adult Artistic	\$130.00	

Pairs Team Registrations: ONE partner is to complete the registration for the team.

4. **PRACTICE ICE:** No practice ice will be offered.

5. **SCHEDULE OF PRACTICE TIMES AND EVENT SCHEDULE:** A schedule will be posted on the Skate AB/NT/NU website www.skateabnwtun.ca.

6. **ELIGIBILITY TO COMPETE:** Entrants in Event shall be:

- a) Eligible persons as defined in Skate Canada Rule Book > Competitions > 2.1
- b) Be Skate Canada Registrants in good standing.
- c) **Be eligible as per the Sectionals/STARSkate Crossover Chart.** Chart is available on the AB I NT I NU website under Technical Information. For competitors that were registered and competed in the 2023 Skate AB I NT I NU Sectional Championships, the STARSkate/Competitive Crossover Eligibility chart determines the categories you are permitted to register in at the 2023 Skate AB I NT I NU StarSkate & Adult Championships. View the Crossover Eligibility Chart on the Skate AB I NT I NU website, Technical Information page.
- d) **WINNER OF A PREVIOUS STARSKATE & ADULT CHAMPIONSHIP:** A previous winner of a STARSkate & Adult Championship category for the 2022 STARSkate & Adult Championships is eligible to re-enter the same category provided that the competitor is still eligible to enter the corresponding category.
- e) **ASSESSMENT AND AGE PREREQUISITES:** Competitors wishing to enter the 2023 Skate AB I NT I NU StarSkate & Adult Championships and events leading to it shall meet the assessment requirements to compete before **January 24, 2023**, preceding the competition. Age requirements shall be met before July 1, 2022, preceding the competition.
- f) Skaters may skate up one level in the Free Skate categories if desired but may only enter one level per category.

Skaters entering multiple categories do so with the understanding that there may be conflicts that cannot be resolved.

7. **RESTRICTION OF ENTRIES:**

- a) **Entries will be capped at 550**, with any additional entries being placed on a waitlist. Competition may not begin before 12:00pm on Friday, may not run more than 12 hours on Saturday, and must be completed by 4:00pm on Sunday. Approval from the Competition Committee is required to go outside of these restrictions.
- b) Skaters may register in either a Star category(s) or Adult category(s), not both.

8. CLOSING DATE OF ENTRIES:

- a) All entries must be received no later than **January 24, 2023, 12:00pm (noon) MT**. It is the responsibility of the competitor to ensure that their entry is submitted through the online registration system by the closing date.
- b) All assessment requirements must be passed by the closing date of entries.
- c) If the event has reached capacity prior to the registration deadline or the late registration deadline, then the event registration will be closed early with a waitlist being offered.

9. LATE ENTRIES: Late entries may be accepted at the discretion of the Technical Representative and if space permits in the event. Entries received after the deadline date will be charged a **late entry fee of \$100 per entry or 50% of the entry fee, per entry (whichever is greater)**. Late entries may be accepted up until **January 27, 2023, at 12:00pm (noon) MT**. No entries will be accepted after the late entry registration deadline.

10. REFUND OF ENTRY FEES: Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries. There will be a **\$10.00** administration fee applied to all withdrawal refunds. **After the closing date of entries (January 24) there will be no refunds given for any reason, including medical pulls. No exceptions.**

Please note: if you register in the wrong category and must change categories, there will be a \$10 administration fee applied, as the skater needs to withdraw from the category and re-enter the correct category. Confirm your category with your coach prior to registering.

11. SKATING UP: Skating up one level is permitted; however, skaters are permitted to enter only one level per category (i.e.: one freeskate event).

12. START ORDERS/RESULTS/REPORT CARDS: The start order/results and skater report cards will be posted on the Skate AB/NT/NU website. Results and skater report cards will NOT be provided on-site at the event. Star 4 report cards will be provided onsite as they are not posted to the website.

13. MUSIC REGISTRATION: Online music registration will require each skater or team to submit an mp3 file of their program music and the music time online at the time of their registration. Music files will not be kept so skaters and teams will be required to submit their music for each individual competition. Each skater or team will be required to carry a copy of their music on CD and have it available at rink-side as backup. Cell phones, iPods, and other personal devices will not be accepted. If there have been changes to the music after submission during the online registration, the updated music file must be uploaded by **March 8, 2023**. New music can be uploaded through your Uplifter account.

Information regarding the requirements and standards for music are listed in the Section Technical Package as posted on the Section's website: www.skateabnwtun.ca. Competitors are responsible for the recovery of their own music at the completion of the event.

14. ON-SITE REGISTRATION: Skaters are required to register at least one hour prior to the Start of their scheduled on-ice warm-up and are then to report to the ice captain. Music will not be turned in at registration. Skaters must bring two copies of their music to rink side with them when they compete.

15. COACH ACCREDITATION: All coaches must be minimally NCCP Regional Coach In Training and carry proof of current membership within the Association and a valid First Aid certificate. Coaches will be required to register at the registration desk. Coaches must wear their event specific accreditation tag to access change rooms and event arena(s). If your name does not appear on the coaches list for the event, coaches must be prepared to show proof of in good standing status prior to receiving accreditation.

A maximum of (2) two coaches will be allowed at ice level as determined by the skater/team.

16. **FLIGHT SYSTEM:** If the number of competitors in a category warrants it, a flight system will be used.
17. **EVENT SPECIFICATIONS:** Each category offered at the competition will be held for men and women separately. Categories may be combined as follows:
 - (a) Combine two or more categories in the same event when each category has fewer than three entries.
 - (b) Combine two or more categories in the same event when one category has insufficient entries to hold the event;The decision to combine categories is at the discretion of the Technical Representative with the input of the Host Committee. Categories may be combined, due to low entries for either age categories (ie: U10, U13, 130) or combined men/women events.
18. **CANCELLATION OF CATEGORIES:** The Host reserves the right to cancel categories in coordination with the Tech Rep.
19. **MARKING SYSTEM:** CPC marking will be used for Pre-Juvenile and Star 5 and higher Free Skate, Star 5 and higher Artistic and Introductory and higher Adult Free Skate and Artistic categories. Star 4 Free Skate will be marked as per the Star Event Management Guide. Special Olympics will be marked as per the Special Olympics technical package.
20. **DRAW:** As per Skate Canada Competitions rule 3.2, the random draw will be used for subsequent starting order draws (where applicable).
21. **WARM UP TIMES:** Skate Canada has standardized warm up times for all events. Refer to the Skate AB/NT/NU Technical Package as posted on the website: www.skateabnwtun.ca for all warmup times.
22. **MEDAL PRESENTATIONS:** Medals will be presented at the competition. It is the responsibility of any skater receiving a medal to wear their skates and skating attire for the medal presentation.
23. **LEADING EDGE SERIES:** Skate AB/NT/NU offers the Leading Edge Series to provide skaters an additional pathway of recognition for their accomplishments achieved throughout a skating season. All AB/NT/NU skaters that are entered into a Section competition are automatically entered into the Leading Edge Series. Visit the Skate AB/NT/NU website for complete details about the Series. **Medalists for the final Leading Edge StarSkate Series will be presented at the StarSkate Championships.**
24. **PROTEST POLICY:** Skate Canada Protest Policy for competitions using CPC will be followed. In addition, if there is an event using manual calculation where the results are not posted within one hour of the completion of the last event of the day, the protest must be made to the Event Referee within the first hour of the following day's competition. If the Event Referee is unavailable, the protest may be made to the Technical Representative or Chief Referee. **Protests are to be submitted through the online form on the Section website.**
25. **SPECTATORS/PARENTS:** Spectators are permitted. In the event of any restrictions being implemented by the facility, those would be adhered to.
26. **ACCIDENTS:** The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in this event, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.
27. **PICTURES & VIDEOS POLICY:** Persons wishing to take photographs of on ice performances are reminded that

use of flash cameras is not permitted. The use of video cameras must be restricted to areas that do not hamper the skaters or officials. You may only take pictures or videos of your own skater.

28. LIVE STREAMING/PHOTOGRAPHY

The event may be photographed and/or live streamed. By virtue of your registration for the competition, you are consenting to being included in the live streaming/photography of this event that will help to train others and to promote skating in Canada. You release Skate AB I NT I NU, its officers, and employees, and each and all persons involved from any liability connected with the video & audio recordings. By attending and competing at the competition, you waive any right to inspect or approve any video or audio recordings taken by Skate AB I NT I NU.

All video recordings will be archived and posted to the Skate AB I NT I NU Daily Motion website. If you do not wish to have your skate photographed or live streamed, inform the Competition Chair of the event. We cannot guarantee that you will not be photographed or live streamed, but we will do our best to accommodate the request.

29. LIVE STREAM VIDEO ORDERS

Capture the memories by purchasing your skaters' performances. Videos will be sent to you electronically after the event.

One program: \$30.00

Two programs: \$40.00

Deadline to purchase your skaters' videos: **March 27, 2023.**

Link to purchase videos [click here](#)

REGISTRATION REQUIREMENTS:

REGISTRATION CHANGES: After the registration deadline date, changes to entries will only be made by the Technical Representative. Confirm which event to register in with your coach before submitting your registration. No changes will be made after **February 1, 2023**. **Registration changes must be submitted by using the online form available on the event page of the website.**

PROOF OF AGE: For all categories, age shall be the age of the skater before **July 1, 2022**. You do not have to submit your proof of age document when registering. However, if you cannot produce proof of age if requested, the skater may be withdrawn from the event. It is your responsibility to ensure the skater is entered in the correct category according to Skate Canada's age and assessment requirements.

PLANNED PROGRAMS:

How to submit planned programs: **Planned programs must be submitted once per season via Uplifter. The first event of the 2022-2023 season was the 2022 Wild Rose Invitational. Skaters may edit or re-submit their planned program in Uplifter if changes are made throughout the 2022-2023 season.**

Planned Programs are required for:

- STAR 5 & higher freeskate
- STAR short programs
- Adult freeskate
- Star and Adult Artistic
- Special Olympics
- Pairs

IMPORTANT – Planned programs will NOT be transferred between categories. Ensure you have submitted a planned program for each category you have entered (i.e.: Juvenile and STAR 6 require different planned program submissions).

Deadline to submit planned program sheet: **March 8, 2023, at 12:00pm (noon) MT.**

Fee charged for not submitting: There will be a \$20 fee per category (entry) for failing to submit Planned Program(s) by **March 8, 2023, at 12:00pm (noon) MT.**

Planned Programs will NOT be accepted on site at the event.

HOW TO REGISTER

- All registrations must be completed using the Uplifter online registration form
- Refer to the [How to Register](#) link on the Skate AB/NT/NU registration site for detailed instructions
- **IMPORTANT:** Please review your skater's profile in Uplifter prior to registering for each event to ensure the skaters information is correct and it is mandatory to enter the skaters Skate Canada number.
- All payments must be paid online using a credit card at the time of registration

REGISTER HERE

<https://skateabnwtun.uplifterinc.com/>

Registration must be completed by January 24, 2023, at 12:00pm (noon) MT

SUBMIT PLANNED PROGRAM SHEET HERE

<https://skateabnwtun.uplifterinc.com/>

Planned Program Sheets must be submitted by March 8, 2023, at 12:00pm (noon) MT

Planned programs will be submitted through Uplifter. See "How to Submit a Planned Program" link on the registration page for assistance in completing your planned program content sheet.

EVENT SPECIFICATIONS – as per Skate Canada website

- (1) EVENT COMPOSITION: The decision to alter categories is at the discretion of the Section Office in consultation with the Technical Representative. Artistic categories may be split by age if entries warrant.
- (2) GROUPING SKATERS BY AGE: Age group guidelines are outlined in the Technical Program Requirements document.

FREE SKATE CATEGORIES

PRE-JUVENILE U13 WOMEN FREE SKATE

- (i) ASSESSMENT: May have passed the complete Star 5 (Junior Bronze) Free Skate assessment or higher.
- (ii) SPECIFICATIONS FOR EVENT: One free program of 2:30 minutes in length (+/- 10 seconds).

Star 4 – U10, U13, 13 & Over

- (i) ASSESSMENT: May not have passed any part of the Star 6 (Senior Bronze) Free Skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One free program of 2:00 minutes in length (+/- 10 seconds).

Star 5 – U10, U13, 13 & Over

- (i) ASSESSMENT: May not have passed any part of the Star 8 (Junior Silver) Free Skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One free program of 2:00 minutes in length (+/- 10 seconds).

STAR 6

- (i) ASSESSMENT: MUST have passed the complete STAR 5 (Jr. Bronze) Free Skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One free program of 2:30 minutes in length (+/- 10 seconds).

STAR 7 – SHORT PROGRAM

- (i) ASSESSMENT: MUST have passed the complete STAR 5 (Jr. Bronze) Free Skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One short program of 2:20 minutes in length (+/- 10 seconds).

STAR 8

- (i) ASSESSMENT: MUST have passed the complete STAR 5 (Jr. Bronze) Free Skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One free program of 3:00 minutes in length (+/- 10 seconds).

STAR 9 – SHORT PROGRAM

- (i) ASSESSMENT: MUST have passed the complete STAR 5 (Jr. Bronze) Free Skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One short program of 2:20 minutes in length (+/- 10 seconds).

STAR 10

- (i) ASSESSMENT: MUST have passed the complete STAR 8 (Jr. Silver) Free Skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One free program of 3:00 minutes in length (+/- 10 seconds).

Gold

- (i) ASSESSMENT: MUST have passed the complete STAR 8 (Jr. Silver) Free Skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One free program of 3:30 minutes in length (+/- 10 seconds).

ARTISTIC CATEGORIES

STAR 5 (may be split by age if entries warrant)

- (i) ASSESSMENT: Must have passed the STAR 4 Skills assessment
- (ii) SPECIFICATIONS FOR EVENT: One Artistic program of a maximum 2:10 minutes in length.

STAR 7 (may be split by age if entries warrant)

- (i) ASSESSMENT: Must have passed the STAR 4 Skills assessment
- (ii) SPECIFICATIONS FOR EVENT: One Artistic program of a maximum 2:10 minutes in length.

STAR 9

- (i) ASSESSMENT: Must have passed the STAR 5 Artistic assessment
- (ii) SPECIFICATIONS FOR EVENT: One Artistic program of a maximum 2:10 minutes in length.

Gold Artistic

- (i) ASSESSMENT: Must have passed the STAR 7 Artistic assessment
- (ii) SPECIFICATIONS FOR EVENT: One Artistic program of a maximum 2:40 minutes in length.

PAIRS CATEGORY

Introductory Pairs

- (i) ASSESSMENT: Each partner must have passed the STAR 3 free skate assessment.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 2:30 minutes in length (+/-10 seconds).

SPECIAL OLYMPICS CATEGORIES

Level 1 Free Skate

- (iii) ASSESSMENT: For skaters working on Stages 1 – 3 of the CanSkate Program. Skaters must not have passed Stage 4.
- (iv) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 1:00 minutes in length (+/-10 seconds).

Level 2 Free Skate

- (i) ASSESSMENT: For skaters working on Stages 4 – 6 of the CanSkate Program. Skaters must not have completed Stage 6.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 1:40 minutes in length.

Level 3 Free Skate

- (i) ASSESSMENT: For STAR athletes, who have completed CanSkate Stage 6. Geared for skaters who have not mastered more than 3 single jumps.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 1:40 minutes in length.

Level 4 Free Skate

- (i) ASSESSMENT: Geared to skaters who have not mastered more than 5 single jumps.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of 2:00 minutes in length (+/- 10 seconds).

Level 5 Free Skate

- (i) ASSESSMENT: Geared to skaters who have not mastered double jumps.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of 2:00 minutes in length (+/- 10 seconds).

Level 6 Free Skate

- (i) ASSESSMENT: Geared to those skaters who are working on double jumps.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of 2:00 minutes in length (+/- 10 seconds).

Open Free Skate

- (i) ASSESSMENT: Must have passed the STAR 6 (Senior Bronze) Free Skate assessment or higher.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of 3:00 minutes in length (+/- 10 seconds).

Masters Level 1/2 Free Skate

- (i) ASSESSMENT: For athletes 25 years of age or older. Geared for skaters who are performing at or below the Stage 6 CanSkate level.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 1:30 minutes in length.

Masters Level 3/4 Free Skate

- (i) ASSESSMENT: For athletes 25 years of age or older. Geared for skaters who have not mastered more than 5 single jumps.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 2:00 minutes in length.

ADULT FREE SKATE CATEGORIES

Intro Open

- (i) ASSESSMENT: No assessment prerequisites.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 1:40 minutes in length. Program time may be shorter.

Bronze

- (i) ASSESSMENT: No assessment prerequisites.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 2:40 minutes in length. Program time may be shorter.

Silver

- (i) ASSESSMENT: No assessment prerequisites.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 3:10 minutes in length. Program time may be shorter.

Gold

- (i) ASSESSMENT: No assessment prerequisites.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 3:40 minutes in length. Program time may be shorter.

Masters

- (i) ASSESSMENT: No assessment prerequisites.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 4:10 minutes in length. Program time may be shorter.

Masters Elite

- (i) ASSESSMENT: No assessment prerequisites.
- (ii) SPECIFICATIONS FOR EVENT: One free skate program of a maximum 4:10 minutes in length. Program time may be shorter.

ADULT ARTISTIC CATEGORIES

Introductory

- (i) ASSESSMENT: For skaters approximately at the Intro Open Free Skating Category level.
- (ii) SPECIFICATIONS FOR EVENT: One artistic program of a maximum 2:00 minutes in length.

Bronze

- (i) ASSESSMENT: For skaters approximately at the Bronze Free Skating level.
- (ii) SPECIFICATIONS FOR EVENT: One artistic program of a maximum 3:00 minutes in length. Program time may be shorter.

Silver

- (i) ASSESSMENT: For skaters approximately at the Silver Free Skating level.
- (ii) SPECIFICATIONS FOR EVENT: One artistic program of a maximum 3:00 minutes in length. Program time may be shorter.

Gold

- (i) ASSESSMENT: For skaters approximately at the Gold and/or Masters Free Skating level.
- (ii) SPECIFICATIONS FOR EVENT: One artistic program of a maximum 3:00 minutes in length. Program time may be shorter.

Elite

- (i) ASSESSMENT: For skaters approximately at the level of former competitive skaters.
- (ii) SPECIFICATIONS FOR EVENT: One artistic program of a maximum 3:00 minutes in length. Program time may be shorter.